

This practical workbook and DVD helps actors to fully develop expressive voice skills to communicate thoughts and feelings with precision and power. At the heart of the book are practical projects, with examples supplied on the accompanying DVD, which enables you to: -connect your breath with your voice-meet the demands of your performance-use your voice expressively with pitch and range Each chapter consists of an introductory Framework; Explorations; Exercises; Follow Up work; Suggested Texts; and Further Reading: a unique, student-centred approach not found in other voice books. The Vocal Arts Workbook + DVD is a complete learning programme drawing on the work of a wide range of practitioners to be used at home, as a course text, or as a way to integrate 20-30 mins of voice work into an acting class. The DVD contains: 85 mins of video and 38 physical exercises. Download them to your ipod and copy the movements as you go along.

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