

Finding a job is a confusing and anxiety-provoking process for many individuals with Aspergers Syndrome (AS) who may not know what they are qualified to do and may struggle to communicate their value to employers. In this book, Aspergers employment expert Barbara Bissonnette describes exactly what it takes to get hired in the neurotypical workplace. Every aspect of finding employment is covered, from defining strengths and researching occupations, to marketing oneself and projecting confidence and enthusiasm in interviews. Job-hunters are taught how to develop a personal profile of their talents and skills, their ideal work environment, and important work criteria. They are then shown how to set realistic goals and develop an effective job search plan. There is detailed instruction on networking, including how to find contacts and what to say. A wealth of checklists, templates, sample scripts and written communications accompany the text. Upfront, engaging and highly practical, this will be an essential guide for individuals with AS entering the workforce for the first time, as well as experienced workers who have lost jobs or wish to change careers but are uncertain about how to find the best match for their abilities.

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