

Through the vivid, true stories of five people who journeyed into and out of addiction, a renowned neuroscientist explains why the disease model of addiction is wrong and illuminates the path to recovery. The psychiatric establishment and rehab industry in the Western world have branded addiction a brain disease, based on evidence that brains change with drug use. But in *The Biology of Desire*, cognitive neuroscientist and former addict Marc Lewis makes a convincing case that addiction is not a disease, and shows why the disease model has become an obstacle to healing. Lewis reveals addiction as an unintended consequence of the brain doing what it's supposed to do—seek pleasure and relief—in a world that's not cooperating. Brains are designed to restructure themselves with normal learning and development, but this process is accelerated in addiction when highly attractive rewards are pursued repeatedly. Lewis shows why treatment based on the disease model so often fails, and how treatment can be retooled to achieve lasting recovery, given the realities of brain plasticity. Combining intimate human stories with clearly rendered scientific explanation, *The Biology of Desire* is enlightening and optimistic reading for anyone who has wrestled with addiction either personally or professionally.

Clarice Bean, *Dont Look Now, An Introduction to the Study of the Prophecies Concerning the Christian Church: and in Particular, Concerning the Church of Papal Rome, in Twelve Sermons*, *WOW! Working Out on Weed: The Medical Marijuana Patients Exercise Prescription*, *Medals of World War II*, *The Scientific Revolution : Aspirations and Achievements, 1500-1700 (The Control of Nature Series)*,

But in *The Biology of Desire*, cognitive neuroscientist and former addict Marc Lewis makes a convincing case that addiction is not a disease, and shows why. *The Biology of Desire* looks at how addiction and brain science collide, and how understanding our So if addiction isn't a disease, what is it?. The psychiatric establishment and rehab industry in the Western world have branded addiction a brain disease. But in *The Biology of Desire*, cognitive. 4 Nov - 21 min - Uploaded by The Agenda with Steve Paikin Marc Lewis says the disease model of addiction is wrong and has become an obstacle to. Buy *The Biology Of Desire: Why Addiction Is Not A Disease* from Dymocks online BookStore. Find latest reader reviews and much more at Dymocks.

Neuroscientist Marc Lewis was addicted to drugs through most of his 20's. He says the widely-held view that addiction is a disease is.

*The Biology of Desire: Why Addiction Is Not a Disease* by Marc Lewis PhD book review. Click to read the full review of *The Biology of Desire*.

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