

Does the sound of your morning alarm fill you with dread? Do you go through life avoiding mirrors at all costs? Do you struggle to remember the last time you really felt happy? If any of the answers are a resounding yes, its time for you to make that Big Leap...In this accessible, seven-step guide to help you change your life, acclaimed life coach Suzy Greaves offers practical help, through exercises and case studies, to enable and empower readers to make the Big Leap from despondency to fulfilment. This newly updated and completely revised edition of Making the Big Leap takes readers beyond just career-changing advice to a series of steps that can be applied to any aspect of their lives. Suzy also shares new insights and knowledge from recent personal changes and developments in her life. Making the Big Leap (1st edition) was voted one of the Top 10 life-changing books by the Independent on Sunday.

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This attractive new edition of Making the Big Leap is for people who want to transform their lives those who still believe that dreams can come true and want to. Available in National Library (Singapore). Author: Greaves, Suzy., Length: p. ; Identifier: How to Make The Big Leap in Your Life 15 Oct at Birmingham Buddhist Centre, 11 Park Road Moseley Birmingham. Learn the 7 step Map to making the big leap and create a brave, inspired and great life.

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7 Steps To Living A Brave, Inspired, And Great Life; by Greaves, Suzy (). Quick overview: The book is all about taking "The Big Leap" beyond what Limits" as we learn to live in our "Zone of Genius" a place where time flows success, abundance and love every day as we inspire those around us to do the same. brave people risked going beyond that limiting belief and found that they did.

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