

This highly practical book presents an evidence-based individual therapy approach for children and adolescents experiencing anger problems. Comprising 10 child sessions and three parent sessions, the treatment addresses anger management, problem solving, and social skills. Sessions are described in step-by-step detail, complete with helpful case examples and therapist scripts. The authors show how to flexibly implement a range of cognitive and behavioral strategies while maintaining treatment fidelity. Reproducibles include 38 worksheets and handouts, plus therapist checklists and parent forms, all in a convenient large-size format for easy photocopying.

The Only Guide You Will Need To Making Money Online, Analytical atomic absorption spectrometry, The 20th Century Day by Day, The Wisconsin Archeologist, Vol. 7: Additions to the Record of Wisconsin Antiquities II (Classic Reprint), The Thames and Hudson Encyclopaedia of Twentieth Century Music, The Complete Idiots Guide to Managing Diabetes Fast-Track (Idiots Guides), A Love Episode, Every Contractors Selling Handbook : How to Round Up Prospects, Build Value and Get Referrals, Gold In the Sunshine: A story of the old West, and trials of the Civil War,

Editorial Reviews. Review. This clear, well-written book incorporates evidence-based practices for anger management with children and adolescents. The child and her mother received 12 weekly sessions of CBT for anger and aggression, with select supplements and modifications that related to the context of TS. Posttreatment assessment indicated a significant decrease in noncompliance, anger outbursts, and aggressive behavior.

Cognitive-Behavioral Therapy for Anger and Aggression in Children, by D. G. Sukhodolsky & L. Scahill. New York, NY: Guilford Press, viii +

Denis Sukhodolsky, Assistant Professor at the Yale University Child Study Center, is both a clinician and researcher, studying disruptive. Request PDF on ResearchGate On Jan 1, , Denis Sukhodolsky and others published Cognitive-behavioral therapy for anger and aggression in children.

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